

Golf Ball Compression Cheat Sheet

Your swing speed, your compression band, and the balls in it

Find Your Band

Driver swing speed	Compression band	Balls on our chart
Under 85 mph	Low (34-65)	10 balls — TaylorMade Noodle (34), Callaway Supersoft (38), Wilson DUO Soft+ (40), TaylorMade Soft Response (50), +6 more below
85-100 mph	Mid (66-90)	16 balls — Callaway Warbird (68), Bridgestone Tour B RX (68), Titleist TruFeel (70), Wilson Chaos (70), +12 more below
Over 100 mph	High (91-102)	8 balls — Kirkland Signature (92), Vice Drive (95), Titleist Pro V1x (97), TaylorMade TP5x (97), +4 more below

Where the Numbers Come From

Ball	Compression	Source
TaylorMade Noodle	34	TaylorMade (published)
Callaway Supersoft	38	Callaway (published)
Wilson DUO Soft+	40	Wilson (published)
Amazon Basics Core Soft	55	MyGolfSpy Ball Lab (measured)
Srixon Soft Feel	60	Srixon (published)
Callaway Warbird	68	Callaway (published)
Titleist TruFeel	70	MyGolfSpy 2026 (measured)
Srixon Q-Star Tour	74	Srixon (published)
Callaway Chrome Soft	75	Callaway (published)
TaylorMade TP5	85	TaylorMade (published)
Maxfli Tour S	85	Maxfli (published)
Srixon Z-Star	88	Srixon (published)
Vice Pro	90	Vice Golf (published)
Callaway Chrome Tour	90	Callaway (published)
Kirkland Signature	92	MyGolfSpy Ball Lab (measured)
Vice Drive	95	Vice Golf (published)
TaylorMade TP5x	97	TaylorMade (published)
Vice Pro Plus	100	Vice Golf (published)
Bridgestone Tour B X	100	Bridgestone (published)
Srixon Z-Star XV	102	Srixon (published)